

## 10. India: First Aid boxes

### The issue

Appropriate first aid facilities should be available on all sites. (A risk assessment should be completed to determine the number of First Aid boxes and location). First Aid kits should be clearly marked, easily accessible and should not be locked.



### First Aid box contents

It is recommended for India that all First Aid boxes are stocked with the following<sup>1</sup>

Product	1 Person kit	10 Person kit	20 Person kit	50 Person kit
Assorted waterproof plasters 10 pack (not catering kits)	1	2	4	6
Assorted plasters blue 10 pack (catering kit only)	1	2	4	6
Eye pad	-	2	4	6
Triangular bandage	2	4	6	8
Safety pins 6 pack	1	1	2	2
Medium dressing 12 x 12cm	-	6	9	12
Large dressing 18 x 18cm	1	2	3	4
Cleansing wipes	2	10	10	20
Pairs of nitrile powder free gloves	1	1	2	3

<sup>1</sup> Source: St John Ambulance

### Further details

- 'Schedule H' drug (antibiotics) should not form part of the First Aid kit and must be removed if they are present. Injections syringe/needles should not form part of the First Aid kit.
  - Where specific risks are identified in a production site, such as the use of chemicals, appropriate additions should be made to the standard kit. These can include eye wash, small burns treatment, resuscitation masks, and cold packs.
  - Where clean water is not readily available for eye irrigation, at least 1 litre of sterile or normal saline (0.9%), in sealed, disposable containers should be provided. Once the seal has been broken, the containers should not be kept for re-use. A fresh bottle should be added immediately.
  - The required contents of the First Aid kit should be written on the box to ensure ease of restocking. It is essential that a named person has responsibility to regularly check every First Aid kit to ensure supplies are replenished and in date. All supplies that are out of date must be disposed of safely.
  - It is essential to have the right amount of people trained to deliver first aid. This means at least one person per floor during all shifts should be trained. If you do not have these people trained, contact your local branch of first aid training agencies like St John Ambulance or the Red Cross, who will be able to provide relevant training.
  - All workers should be made aware of whom the trained first aiders are. If possible their photographs can be displayed near the first aid box.
- ! For any injuries other than minor ones, the victim should be taken to a nearby clinic or hospital for further assessment and treatment.**

This factsheet was originally prepared by B&Q plc and has been adapted for Kingfisher plc.

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